

AUDAX PACE

GRAVEL

700 km 16.000 m+

≈ Orzola ≈

22:00 Saturday

|

110 km | 2.000m+

1 ☾

1.LZ

9h 30min night ride ☾

Lanzarote

11.6 km/h avg. speed

≈ Playa Blanca ≈

07:30 Sunday

FERRY

08:00 departure

Armas

35 min duration

⚓

45 min boarding - roll off

≈ Corralejo ≈

08:50 Sunday

|

160 km | 2.300m+

1 ☀

2.FV

8h 40min day ride ☀

Fuerteventura

18.5 km/h avg. speed

≈ Morro Jable ≈

17:30 Sunday

FERRY

18:00 departure

Armas

170 min duration

⚓

45 min boarding - roll off

≈ Las Palmas ≈

21:05 Sunday

|

140 km | 3.950m+

2 ☾

3.GC

8h 25min night ride ☾

Gran Canaria

16.6 km/h avg. speed

≈ Agaete ≈

05:30 Monday

FERRY

06:00 departure

Fred Olsen

80 min duration

⚓

45 min boarding - roll off

≈ Santa Cruz ≈

07:35 Monday

|

170 km | 4.600m+

2 ☀

4.TF

9h 25min day ride ☀

Tenerife

18.1 km/h avg. speed

≈ Los Cristianos ≈

17:00 Monday

FERRY

17:30 departure

Armas

165 min duration

⚓

45 min boarding - roll off

≈ Valverde ≈

20:30 Monday

|

105 km | 3.400m+

3 ☾

5.EH

6h 30min night ride ☾

El Hierro

16.2 km/h avg. speed

≈ Valverde ≈

03:00 Tuesday

GRAVEL

53h Total Time

42h 30min Riding Time

16.2 km/h avg. speed

7h 30min Ferry Time

- RETURN FERRY -

from El Hierro, Valverde
to Tenerife, Los Cristianos

14:30 Tuesday
17:15 Tuesday